**Spring Grove Area School District** Menu Subject to Change **MAY 2023** Students (5-12) Breakfast \$1.35 Student Lunch \$2.55 Follow us on Twitter & Instagram Elementary Schools Menu Reduced Breakfast \$0.30 @SGRocketscafe Reduced Lunch \$0.40 Wednesday Monday Tuesday Friday Thursday Cinco de Mavo **Star Wars Day** \*Cheesy Calzones \*Chicken Nuggets w/ Roll \*HAM Solo & Cheese School Lunch Hero De \*Terivaki Meatballs \*Assorted Pizza Broccoli **Steamed Carrots** w/ Veggie Fried Rice **Pretzel Sandwich** Black Bean Salsa Assorted Fruit Fresh Fruit Steamed Mixed Veggies Millennium FalCORN Assorted Fruit Mandalorian Oranges Assorted Fruit \*Yogurt Munchable \*Yogurt Munchable \*Yogurt Munchable \*Yogurt Munchable \*Yoda Munchable \*PBJ Uncrustable \*PBJ Uncrustable \*PBJ Uncrustable \*C-3PB&J Uncrustable \*PBJ Uncrustable 7 MILLINAME \*Rocket Cold-Cut Sub \*Grilled Cheese \*Chicken Pattv Sandwich \*Chicken Alfredo w/ \*Assorted Pizza WG Chips Tomato Soup & Goldfish **Baked Beans Garlic Knot** Seasoned Mixed Veggies Assorted Veggies w/ Dip Steamed Peas Coleslaw Broccoli Assorted Fruit Assorted Fruit Assorted Fruit Fresh Fruit Fresh Fruit \*Hamburger on WG Bun \*PBJ Uncrustable \*PBJ Uncrustable \*PBJ Uncrustable \*PBJ Uncrustable \*PBJ Uncrustable SGE & NSE 4th Grade PES 4th Grade Lunch Pi \*Chicken Tenders w Lunch Pick \*Assorted Pizza Mozzarella Cheese Sticks w/ \*Beef Tacos **Soft Pretzel** \*Pot Pie w/ WG Funnel Cake Seasoned local PA beef w/ choice of fixins Steamed Mixed Veggies Marinara **Baked Fries** Rocket Salad w/ Dressing Texas Style Pinto Beans Assorted Fruit **Steamed Carrots** Assorted Fruit Fresh Fruit Fresh Fruit Assorted Fruit \*Turkey Bacon Ranch Sand<mark>wich <sub>\*Turkey</sub> Bacon Ranch Sandwich</mark>\*Turkey Bacon Ranch Sandwic<mark>h</mark> \*Turkey Bacon Ranch Sandwich \*Turkey Bacon Ranch Sandwich \*PBJ Uncrustable \*PBJ Uncrustable \*PBJ Uncrustable \*PBJ Uncrustable \*PBJ Uncrustable National Asparagus Day Brunch for Lunch \*Fish Sticks \*Johnny Marzetti w/ Ro<mark>ll</mark> \*Assorted Pizza \*Corn Dog \*French Toast Sticks w/ Macaroni & Cheese **Steamed Carrots** Mixed Veggies w/ Sausage Asparagus Green Beans PA Harvest of the Month Item Fresh Fruit Assorted Fruit **Tater Tots** Assorted Fruit Assorted Fruit Fresh Fruit \*Pizza Munchable \*Pizza Munchable \*Pizza Munchable \*Pizza Munchable \*Pizza Munchable \*PBJ Uncrustable \*PBJ Uncrustable \*PBJ Uncrustable \*PBJ Uncrustable \*PBJ Uncrustable Menu May Vary by Building Tuesday June 1st \*Chicken Nuggets w/ Due to Celebrations Early Dismissal/Last Day of School! No School **Buttered Noodles** \*Cheeseburger No Lunch- Breakfast will be served Mixed Veggies **Baked Fries** Happy Summer! Assorted Fruit Assorted Fruit MY SCHOOL BUCKS **PAY FOR MEALS ONLINE** \*Hot Dog on Bun \*Hot Dog on Bun \*Universal Free\*Breakfast Menu: MySchoolBucks.com PBJ Uncrustable \*PBJ Uncrustable Monday: Whole-Grain Muffin Variety of cold options available daily \*Choice of milk: Tuesday: Whole-Grain Pastry Free & Reduced Meal Applications are low-fat white, chocolate and nonfat Wednesday: French Toast Sticks Choice of fruit, 100% juice and/or milk available on the strawberry & vanilla when available Thursday: Whole-Grain Pastry #FuelUpRockets district website or at www.compass.state.pa.us \*Fresh, Crunchy veggies available every-Friday: Breakfast Egg & Meat Sandwich day along with menued veggie\*